

How to self-refer yourself to SignHealth Therapy

THE DEAF HEALTH CHARITY
SIGNHEALTH

Are you confident with



Yes

No

Online Form -
Quick and Easy Way



signhealth.org.uk/therapy



- Name
- Address
- Contact details
- Why ask for Therapy?

Text
07984439473



You



Date &
Time



SignHealth
Therapy
Team

Finished?

Yes

Wait for next
appointment

A therapist will
help fill in the
form with you
in BSL

